

Parent Guide

To Parenting Resources



Corpus Christi Public Libraries
CorpusChristiTX.gov/library
Phone: (361) 826-7000

Reader's Advisory

CCPL Book Newsletter (<https://tinyurl.com/2w85zm9p>)

- Booklists, author spotlight, new book alerts, and more.

Common Sense Media (<https://www.common Sense Media.org/>)

- Ratings and reviews on movies, TV, books, games, podcasts, and apps. Subscription required for unlimited-access.

Entertainment Software Review Board (<https://www.esrb.org/>)

- ESRB ratings provide information about what's in a game or app so parents and consumers can make informed choices about which games are right for their family.

BookLooks (<https://booklooks.org/>)

- A crowdsourced resource created by parents. Shares book excerpts with certain kinds of content and books are rated.

Sharing websites (especially those not from professional or government organizations) does not imply an agreement of any rating or an endorsement of any content on the site. CCPL is not responsible for any content found on websites outside of CorpusChristiTX.gov/library. Be cautious when following links.



Library Material

Here are a few items within our collection about parenting:

- *The Overparenting Solution* by George S. Glass, MD, PA, and David Tabatsky.
- *Montessori for Every Family* by Tim Seldin and Lorna McGrath, the Montessori Foundation.
- *Brain-Body Parenting* by Mona Delahooke, PhD.
- *Calm the H*ck Down* by Melanie Dale.
- *Overcoming Parental Anxiety* by Debra Kissen, PhD, Micah Ioffe, PhD, Hannah Romain, LCSW.

All items are subject to availability. Here are a few of the standard subject headings used by the Library of Congress that may help you find additional resources in our catalog:

- Child Rearing
- Parenting
- Parent and Child

Wellbeing & Development

Coastal Bend Food Bank (<https://coastalbendfoodbank.org>)

- Nutrition education and list of local food pantries
- (361) 887-6291

United Way of the Coastal Bend (<https://www.uwcb.org/parent-resources>)

- An extensive resource list for parents.

ECI Project Ninos (<https://cacost.org/>)

- The Early Childhood Intervention (ECI) Program is for families with children, age 0-3, with disabilities and developmental delays.
- (361) 980-9652

HIPPY (<https://www.hippytexas.org/>)

- Home Instruction for Parents of Preschool Youngsters (HIPPY) empowers parents as the primary educators of their children.
- (361) 561- 8611

Parents as Teachers (<https://catholiccharities-cc.org/parents-as-teachers>)

- Program for children ages 0 - 5, provides caregivers with long-term, home-based parenting education.
- (361) 884-0651



Media Safety

Get Safe Online (<https://www.getsafeonline.org/>)

- Unbiased, factual and easy-to-understand information on online safety.

Media Smarts (<https://mediasmarts.ca/>)

- An extensive site with information for children, parents and teachers.

National Cybersecurity Alliance (<https://staysafeonline.org/>)

- Easy-to-follow cybersecurity resources and guides.

Mobile Parent (<https://mobileparent.org/>)

- Tips for Parents. Learn more about how you can help your family practice healthy wireless habits.

Stop Bullying (<https://www.stopbullying.gov/>)

- Information on cyberbullying from the US government.

Kiddle (<https://www.kiddle.co/>)

- A search engine for kids. Uses Google safe search and includes kpedia (kiddie encyclopedia). Contains ads.

Parent Education

Bright by Text (<https://brightbytext.org/>)

- Free parenting advice by text.

United Way of the Coastal Bend (<https://www.uwcb.org/parent-education>)

- A list of parent education services available in Nueces County.

Family Place Libraries

The Ben F. McDonald and Owen R. Hopkins Libraries are Family Place Libraries. This is a special designation for libraries with a play area, parent resources, and parent collection in the children's area.

These libraries also have parent/child workshops twice a year for children ages 1-3 and their caregivers. This specially designed parent/child play time includes professionals from the community to share information about nutrition, language development, early literacy, child development, and play/movement.

Keep an eye on the library's seasonal program brochures to register for these special programs or see what else is available in the library for you and your children at all six of our locations.